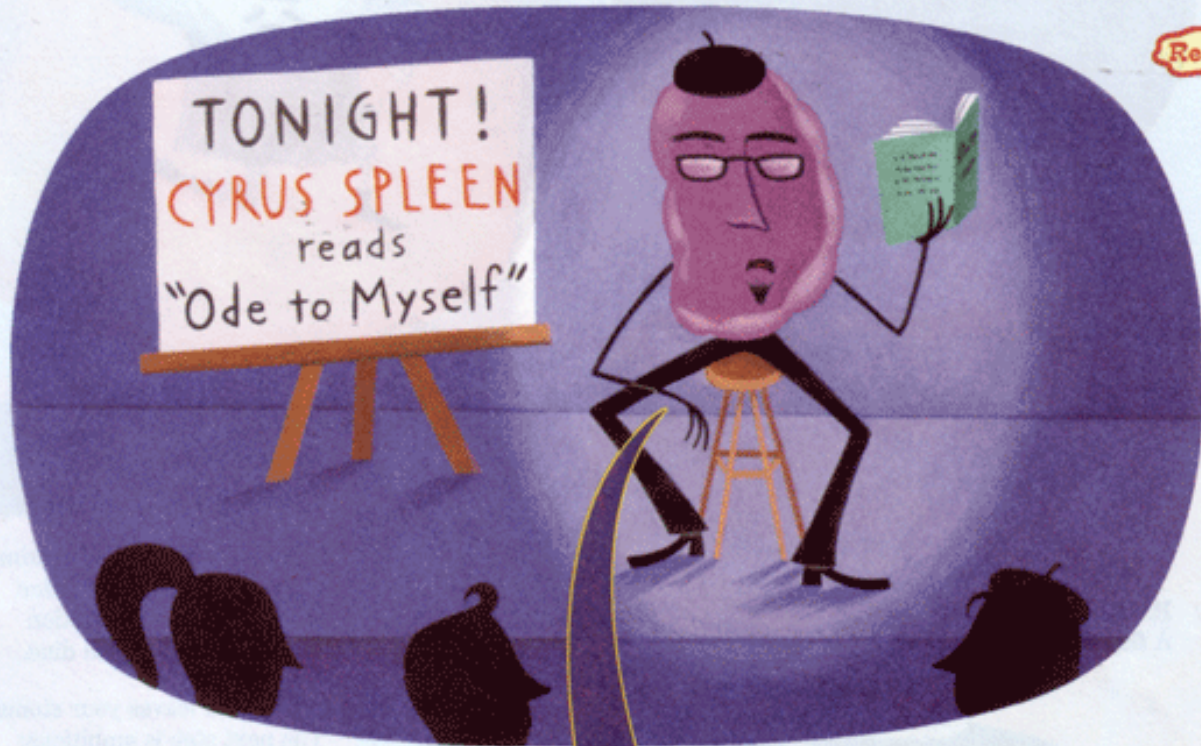


FULL BODY POETRY SLAM

Eyes see and ears hear, but what exactly is the purpose of a patella? These little rhymes will help you identify your anatomy—and turn you into a bard of the body.

BY ANNE D. BERNSTEIN

Real



VESSEL VERSE

Blood vessel, blood vessel,
Which one are you?
A vein or an artery,
Which of the two?

An artery takes blood
Away from the heart
To parts like the brain
So you can stay smart.

A vein takes your blood
To the heart, not away.
Together they form
A blood expressway.

ODE TO THE SPLEEN

Some say the spleen
Looks like a purple fist.
It helps to filter blood,
But here's a funny twist:
If you lost your spleen,
You could live just fine.
Your liver would work harder:
Still, I'll hang on to mine.

I think that I have never seen
A thing as lovely as a spleen.

A PUZZLING PIECE

Appendix, appendix,
What do you do?
Some say, "Nothing."
Could that be true?

You're shaped like a worm,
But you are not bait.
Are you just useless?
That is a debate.

But there is one thing
That is not in doubt—
If you're set to burst
You have to come out.



CONTINUED →



PATELLA POESY

Every fella
Has a patella.
He may be in doubt
Till you point it out.
So then you reveal
That it's no big deal,
It has one more name:
"Kneecap" means the same.



UVULA RAP

That dangly thing
At the back of your throat

Is called a uvula,
So please take note.

It's really just
A flap of skin.

It helps you swallow
When you put food in.

When you go to bed
And you breathe in deep,

It can vibrate, and then
YOU SNORE IN YOUR SLEEP!



**POO-ETRY
IN MOTION**

The small and large intestines
Come at the end of the line
Of the system of digestion
That starts when you dine.

When food leaves your stomach,
The next step is ambitious:
The small intestine breaks
it down
And absorbs what is nutritious.

Then the large intestine
Has its work to do.
It absorbs most of the water,
Leaving you with poo.

LIVER LIMERICK

There once was a man from
Nantucket,
Whose liver made bile by the
bucket.
It broke down food's fats
And now you know that's
Why he'd no reason to
chuck it. ☐